

Program

July

Tuesday	2 nd	New Moon Meditation	7.45pm – 8.30pm
Thursday	4 th	Master R's Day Meditation	7.45pm – 8.30pm
Tuesday	16 th	Full Moon Meditation	7.45pm – 8.30pm
Sunday	28 th	Earth Healing Service*	11.00am – 12.30pm
Wednesday	31 st	New Moon Meditation	7.45pm – 8.30pm

August

Thursday	15 th	Full Moon Meditation	7.45pm – 8.30pm
Sunday	25 th	Earth Healing Service*	11.00am – 12.30pm
Friday	30 th	New Moon Meditation	7.45pm – 8.30pm

September

Friday	13 th	Full Moon Meditation	7.45pm – 8.30pm
Sunday	22 nd	Earth Healing Service - Service of All Angels*	11.00am – 12.30pm
Wednesday	25 th	Maitreya Day Celebration*	7.45pm – 9.00pm
Saturday	28 th	New Moon Meditation	7.45pm – 8.30pm

October

Sunday	13 th	Full Moon Meditation	7.45pm – 8.30pm
Sunday	27 th	Earth Healing Service*	11.00am – 12.30pm
Monday	28 th	New Moon Meditation	7.45pm – 8.30pm

November

Tuesday	12 th	Full Moon Meditation	7.45pm – 8.30pm
Saturday	16 th	Anniversary of Ananda Tara Shan's Transition*	7.45pm – 9.00pm
Tuesday	26 th	New Moon Meditation	7.45pm – 8.30pm

December

Sunday	1 st	Earth Healing Service - Advent*	11.00am – 12.30pm
Wednesday	11 th	Full Moon Meditation	7.45pm – 8.30pm
Tuesday	24 th	Christmas Eve Service*	9.00pm – 10.30pm
Tuesday	31 st	New Year's Eve Service*	9.00pm – 10.30pm

*Refreshments will be available for purchase after this activity.

Maitreya Day Celebration

The 25th of September is Maitreya Day, the day we honour the Lord Maitreya and all true Gurus, as well as celebrating the birthday of Ananda Tara Shan.

Anniversary of Ananda Tara Shan's Transition

The 16th of November is the anniversary of Ananda Tara Shan's transition to the inner levels in 2002.

Notice about possible cancellation of activities

Please note that activities may be cancelled when there are extreme weather warnings affecting the Central Highlands area or the threat of bushfires in the area. If an activity is cancelled, a notice will be placed at www.heartflow.org.

Practical information

The minimum age for admission to any activity in this program is 16 years.

There is no charge for admission to activities listed in this program.

Activities start on time and there is no late admission to meditations or Services.

Please do not wear outdoor shoes, socks only or go barefoot inside the Sanctuary. If possible please bring your own indoor shoes or slippers. If you do not have your own indoor shoes, disposable shoe covers will be provided.

Upon entering the Sanctuary, please ensure all sound features on your mobile phone are turned off (except vibration alerts if you need to receive emergency calls or messages).

The Sanctuary of the Heart is located at 3 South Ajax Road (corner Ballan Road) Daylesford. Directions are available at www.heartflow.org.



Concerning participation in spiritual activities

If you have a serious physical or psychological condition, you are advised against taking part in activities that call upon spiritual energies without prior consultation with an experienced meditation teacher. Where serious illness or imbalance is present, it is recommended that the body and mind focus on healing and regaining balance. In these cases it is better to work on healing in cooperation with health care practitioners through, for example, relaxation, positive thinking and stress reduction. Also, if you use or have used illegal drugs, psychoactive medications (for example, antidepressants, mood stabilisers, tranquillisers, hypnotics and so forth), or alcohol (more than the occasional social drink), a minimum of 3-7 years free of using such substances is recommended before it is advisable to participate in spiritual activities.

Heart Flow Worldwide activities in Melbourne

Meditations and Earth Healing Services (including Festivals) are also held at the Heart Flow Worldwide Centre in Bentleigh. For the program please visit www.heartflow.org.

Lord Maitreya

*The Lord Maitreya has many titles and many names. He is an embodiment of the Second Aspect of the Solar Logos, the Aspect of Love Wisdom, and His Light and Love not only flow all over the Earth, but are felt on all planets in the solar system. He is the head of the Spiritual Hierarchy, the inner government of Earth. He has been the Christ on Earth for the last 2,500 years, since taking over that office from the Lord Gautama when that Great Master became the Buddha on Earth.*³

Ananda Tara Shan

Ananda Tara Shan is the spiritual name of Reverend Jeanne Dara De Murashkin (1946-2002), the founder of The Theosophical Fellowship and Heart Flow Worldwide. Ananda Tara Shan was a teacher of the Living Word of the Hierarchy, teachings from Maitreya Theosophy which are being given to humanity in the New Age.

Teachings from Ananda Tara Shan are available at www.maitreyatheosophy.org.



Heart Flow

*Heart Flow is the flow of loving kindness that flows from the Lord Maitreya's Heart into Earth and into the heart and mind of humanity as a group as well as into individual hearts and minds.*⁴

Contact details

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References

- ¹ Ananda Tara Shan 2012. 'Light and the Work of The Theosophical Fellowship', The Theosophical Fellowship, Daylesford, Vic.
- ² Ananda Tara Shan 1998. 'Teachings for the Children of the Heart, The Lord Maitreya and the Way of the Heart', The Theosophical Fellowship, Daylesford, Vic.
- ³ Ananda Tara Shan 2003. 'Theosophical Teachings, Heart Flow & Global Awareness', The Theosophical Fellowship, Daylesford, Vic.



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The making of any audio or visual recording inside the Sanctuary of the Heart or of any part of an activity in this program is not permitted.

Thoughts and commentaries of individual presenters of activities in this program are solely those of the individual presenter and should not be taken to represent Heart Flow Worldwide or The Theosophical Fellowship.

Activities conducted in the Sanctuary of the Heart are offered by the Society for Maitreya Theosophy Pty Ltd ACN 007 453 321 and The Theosophical Fellowship ACN 057 459 604. Heart Flow Worldwide is a registered name and Heart Flow is a registered trade mark of The Theosophical Fellowship ACN 057 459 604.

Heart Flow Worldwide



Program of Activities

Meditations
Earth Healing Services

Sanctuary of the Heart
Daylesford

July - December 2019

*In all Services and meditations, we pour out light over the Earth and humanity. We are vehicles of the living light, the Word of God in physical manifestation.*¹